

---

**DEAR ABBY** / ABIGAIL VAN BUREN

---

# Solutions for Bed-Wetting

**D**EAR ABBY: After reading the letter from "Desperate Mom," whose 20-year-old son still wets the bed, I was compelled to write.

Since her son has seen doctors and tried medications, and they have had no positive results, maybe she should do what I did.

I took my 15-year-old twin sons (both daily bed-wetters) to a chiropractor, and within a month, both boys were completely cured of their bed-wetting. Regular medical doctors could not help them.

As this chiropractor explained it to me, there is a certain part of the spinal column that regulates the bladder — I can't explain it very well — but all I can say is it worked, which meant everything in the world to me and my boys.

These kids couldn't go to camp or sleep over at a friend's house because of their terrible problem, and I was a slave to the washing machine, doing those bed sheets and blankets every day.

**A TRUE BELIEVER  
IN SOUTH CAROLINA**

**D**EAR TRUE BELIEVER: I believe you. I have several hundred letters bearing the same message concerning chiropractors.

I am well-aware that some in the medical profession will criticize me for giving what sounds like a commercial for chiropractors — the stepchildren of the medical profession — but I would be less than honest if I did not publish your letter.